
Spinal/Epidural with Obstetric Essentials Workshop

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October 10-11, 2026
University of Cincinnati,
College of Nursing
Cincinnati, OH

Purpose: The *Spinal/Epidural with Obstetric Essentials Workshop* provides a thorough overview of practice of obstetric anesthesia including hands-on spinal and epidural training. The hybrid format is delivered via online modules and a two-day, hands-on workshop. During the hands-on component, the faculty provides ample time for small group discussion/demonstration along with case presentations.

Target Audience: This workshop is for CRNA's interested in developing their skills and knowledge of spinal, epidural and obstetric anesthesia.

Accreditation Statement: This program has been prior approved by the American Association of Nurse Anesthesiology for 13.50 MAC Ed credits; Code Number: 1046920; Expiration Date: 10/11/2026. The American Association of Nurse Anesthesiology designates this program as meeting the criteria for up to 3.75 CE Credits in Pharmacology/Therapeutics.

American Association of Nurse Anesthesiology (AANA) is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation (ANCC).

AANA is an approved provider by the California Board of Registered Nursing, CEP #10862.

In Kind Support: Ultrasound equipment for this educational activity has been provided by Sonosite. The planners of this workshop disclose that Sonosite was not involved in any component of the planning process for this educational activity. Sonosite understands that they must abide by the American Association of Nurse Anesthetists (AANA) Provider Unit's policies and procedures. Educational sessions will be monitored by AANA staff to ensure content integrity and prevent bias. Accreditation does not imply that the AANA or the American Nurses Credentialing Center's Commission on Accreditation (ANCC) approves or endorses any product displayed, mentioned or used in any of the educational activities.

Faculty and Planner Disclosures:

All presenters and planners of this continuing nursing education activity are required to disclose to the audience any significant financial relationship with the manufacturer(s) of any commercial healthcare products, goods or services consumed by or used on patients. If any conflict has been disclosed, the planners of this program assure that the content is unbiased and free of any conflict of interest. All planners, authors and content reviewers have disclosed for this meeting and there were no commercial interest relationships to declare.

Evaluation/CE Credit Claim:

The link to an electronic Evaluation/CE credit claim form will be emailed to all participants no later than Monday, October 12, 2026. Please check your Spam folder and Inbox for this important email. Once you receive the email with hyperlink, please complete the Program Evaluation, the Overall Meeting Evaluation and finally, SUBMIT your CE credits. You will be able to print your certificate immediately when this is done.

To ensure that the workshop content met both knowledge and skill sets associated with competencies and curriculum expectations, we're requesting participants to engage in a brief follow up survey 6 months after the workshop. This will help the AANA measure the change in practice performance associated with an educational intervention.

Please note – if you have “opted-out” of receiving emails from the AANA, you will not receive this email. You will need to send an email to: online-education@aana.com requesting that a separate email be sent to you.





Spinal/Epidural with Obstetric Essentials Workshop

Saturday, October 10, 2026

8:00 AM – 5:00 PM

7:30 – 8:00 a.m. Registration and Continental Breakfast provided onsite by AANA

8:00 – 8:30 a.m. Course Introduction

8:30 – 9:00 a.m. **Patient Selection Informed Consent** Mary Rappold, MS, CRNA
0.5 MAC Ed Credit

Discuss the material risks, benefits, and alternatives for neuraxial techniques; Discuss documentation of informed consent.

9:00 – 10:00 a.m. **Spinal Techniques** Franklin McShane, DNP, CRNA
1.0 MAC Ed Credit

Describe the most common approaches, equipment, and techniques necessary in the performance of subarachnoid blocks.

10:00 – 11:00 a.m. **Teaching Stations: Motor Skills - Spinal** Beth Ann Clayton, DNP, CRNA
1.0 MAC Ed Credit with 0.5 Pharm Credit Franklin McShane, DNP, CRNA
Thomas Minges, DNP, CRNA
Mary Rappold, MS, CRNA

Demonstrate the superficial anatomical landmarks, set up of equipment, proper needle insertion and drug administration for spinal anesthesia.

11:00 a.m. – 12:30 p.m. **Epidural Techniques** Thomas Minges, DNP, CRNA
1.5 MAC Ed Credits

Describe techniques and identify methods to improve success of epidural placement.

12:30 – 1:15 p.m. **Lunch onsite provided by AANA**

1:15 – 2:15 p.m. **Teaching Stations: Motor Skills - Epidural** Beth Ann Clayton, DNP, CRNA
1.0 MAC Ed Credit with 0.5 Pharm Credit Franklin McShane, DNP, CRNA
Thomas Minges, DNP, CRNA
Mary Rappold, MS, CRNA

Demonstrate the superficial anatomical landmarks, set up of equipment, proper needle insertion and drug administration for epidural anesthesia.

2:15 – 2:45 p.m. **Approach to Dosing Labor Epidural** Sarena Vargo, MS, CRNA
0.5 MAC Ed Credit with 0.5 Pharm Credit

Review application of common medications administered for labor epidural analgesia.

**2:45 –
3:00 p.m.** **Break**

**3:00–
4:00 p.m.** **Combined Spinal Epidural (CSE) / Dural Puncture Epidural (DPE)** Beth Ann Clayton, DNP, CRNA
1.0 MAC Ed Credit with 0.5 Pharm Credit

Describe the patient care situations and the techniques and medications used to provide combined spinal epidural dural puncture epidural anesthesia.

**4:00 –
5:00 p.m.** **Teaching Stations: Motor Skills – CSE/DPE** Beth Ann Clayton, DNP, CRNA
1.0 MAC Ed Credit Franklin McShane, DNP, CRNA
Thomas Minges, DNP, CRNA
Mary Rappold, MS, CRNA

Demonstrate the superficial anatomical landmarks, set up of equipment, proper needle insertion and drug administration for combined spinal epidural dural puncture epidural anesthesia.

Sunday, October 11, 2026

7:30 AM – 3:00 PM

**7:30 –
8:00 a.m.** **Continental Breakfast provided by AANA**

**8:00 –
9:30 a.m.** **Identification and Management of an Inadequate Spinals and Epidurals** Franklin McShane, DNP, CRNA
1.5 MAC Ed Credits with 0.5 Pharm Credit

Discuss underlying mechanisms and strategies for managing inadequate spinal and epidural anesthesia; describe techniques and identify methods to improve success of epidural placement.

**9:30 –
10:30 a.m.** **Teaching Stations: Motor Skills – Spinal/Epidural** Beth Ann Clayton, DNP, CRNA
1.0 MAC Ed Credit Franklin McShane, DNP, CRNA
Thomas Minges, DNP, CRNA
Mary Rappold, MS, CRNA

Demonstrate anatomical landmarks, set up of equipment, proper needle insertion and drug administration for spinal and epidural anesthesia.

**10:30 –
10:45 a.m.** **Break**

**10:45 –
11:45 a.m.** **Ultrasound for Neuraxial Anesthesia** Beth Ann Clayton, DNP, CRNA
1.0 MAC Ed Credit

Demonstrate lumbar spine ultrasound techniques.

11:45 a.m. – 12:45 p.m. **Teaching Stations: Motor Skills – Ultrasound**
1.0 MAC Ed Credit

Utilize ultrasound devices and image recognition to demonstrate anatomical landmarks associated with spinal and epidural anesthesia.

Beth Ann Clayton, DNP, CRNA
Franklin McShane, DNP, CRNA
Thomas Minges, DNP, CRNA
Mary Rappold, MS, CRNA

12:45 – 1:30 p.m. **Lunch onsite provided by AANA**

1:30 – 2:30 p.m. **Obstetrical Emergencies Case Discussions**
1.0 MAC Ed Credit with 1.0 Pharm Credit

Discuss the prevention, identification, and management of obstetric emergencies.

Beth Ann Clayton, DNP, CRNA
Franklin McShane, DNP, CRNA
Thomas Minges, DNP, CRNA
Sarena Vargo, MS, CRNA

Teaching Stations: Motor Skills-Spinal/Epidural
Available for participants desiring additional time

2:30 – 3:00 p.m. **Question & Answer Session**
0.5 MAC Ed Credit with 0.25 Pharm Credit

Discuss various obstetric and neuraxial anesthesia challenges and possible solutions.

Beth Ann Clayton, DNP, CRNA
Franklin McShane, DNP, CRNA
Thomas Minges, DNP, CRNA
Mary Rappold, MS, CRNA